

Parents Place

1570 E Moreland Blvd Waukesha, WI 53186

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FOR IMMEDIATE RELEASE
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The following are groups/classes that are held at Parents Place 1570 E Moreland Blvd Waukesha WI 53186:

PARENTS PLACE, promoting strong, healthy families through support and education! All families can benefit from our educational classes, playgroups, support groups, information & referral, and crisis support. Call Parents Place at 262-549-5575 with any questions. Complimentary child care is available.

www.parentsplacewi.org

TRIPLE P-POSITIVE PARENTING PROGRAM®- Triple P- Positive Parenting Program is an evidence based program, delivered individually to families who have behavioral concerns regarding their children. The individual approach provides an in depth look at why this behavior is happening, and how to manage and problem solve with key steps and strategies that will encourage healthy options.

Please call to make an appointment.

STOP BULLYING/ BUILD SELF-ESTEEM- (*Parent and Child Class*) An exciting first time opportunity: Two special nights presented by Pewaukee High School students that have inside knowledge on self-esteem and bullying issues. These nights will be fun and educational for children ages four to thirteen, and their parents. Learn new and effective strategies to stop bullying and build a positive self-image. **Free backpacks and supplies will be given to each child; as well as snacks, drinks, and door prizes.

SELF-ESTEEM

Monday, January 8 from 5:30-7:00pm.

BULLYING

Monday, January 15 from 5:30-7:00pm.

STRONG WILLED CHILD- Identifying feelings and emotions is key in teaching kids essential life skills such as: managing emotional outbursts, developing problem solving skills that help control behavior, and working cooperatively within family and group settings.

Wednesdays, January 10, 17, 24 5:30-7:00pm.

ADULT ANGER- Explore common causes of anger, learn how to manage your emotions and find techniques that help you control your actions before they hurt someone or yourself.

Mondays, January 29 & February 5 from 5:30-7:00pm.

On-Going Support Groups:

FOSTER PARENT SUPPORT- This parent facilitated support group looks at the struggles associated with being a foster parent. Connect with other foster parents in the area to share experiences and hardships and support one another.

Meets every 1st Thursday from 6:00-7:00pm.

PLAYGROUPS- For parents, grandparents, primary caregivers and children.

Spanish: every Tuesday from 9:30-11:00am.

English: every Wednesday from 9:30-11:00am.